



SPEAKERS RYDAL HALL: 2025

Dr Lorraine de Gray:

‘Wandering Wombs and Hysteria - a History of the Pain Gender Gap’

Dr Lorraine de Gray graduated MD from the University of Malta, Medical School in 1989. She started training in Anaesthesia in the UK in 1991. Her anaesthetic training was in East Anglia. Initially appointed as a Consultant in Anaesthesia and Pain Medicine in Ipswich, she went on to develop a multidisciplinary pain service at the Queen Elizabeth Hospital in King’s Lynn, where she was Lead Clinician between 2007 and 2018. Lorraine undertook a Masters in Medical Law in 2005 to 2007 and has a specialist interest in medicolegal issues.

Lorraine was an Educational Supervisor for Pain (2005 – 2010), RAPM for East of England (2010 – 2016), Chair of the RAPM (2013 – 2016), Member, and later, Chair of the FPM Training and Assessment Committee (2013 – 2020), Vice Dean of the FPM (2019 – 2022), Lead for Credentialing (2018 to date) and elected Dean of the FPM in 2022. She has been President of the Anglian Pain Society since 2018 and Specialty Editor for the Elsevier Journal of Anaesthesia and Intensive Care since 2016. Lorraine is an Honorary Lecturer of the University of East Anglia.

Dr Ooi-Thye Chong:

‘Acupuncture for Pelvic Pain in Women: seen through the eyes of Jean Gebser’

Dr Ooi Thye Chong holds a doctorate from the University of Edinburgh, a master’s degree in public health from Columbia University, New York, a master’s degree in Chinese medicine (United States) and a bachelor’s degree with honours in social psychology from the University of Sussex (United Kingdom). She is a registered nurse (UK, USA) and a nationally qualified acupuncture practitioner and Chinese herbalist (USA). Prior to joining the University of Edinburgh as a lecturer, she founded and directed the Integrative Health Program, New York University Cancer Institute and the Complementary Therapy Program, St. Vincent’s Comprehensive Cancer Center, New York, USA. She was the Director of Program Development at Haelth, a freestanding integrative oncology centre, New York. Dr Chong’s research interests include pain management using a specific style of acupuncture, Meridian Balance Method Acupuncture.



Her clinical focus is on improving patients' well-being through a combination of Chinese medicine health counselling, acupuncture and teaching patients' self-care skills. She is part of the multidisciplinary team, the Edinburgh Centre for Pelvic Pain and Endometriosis Care and Treatment Centre (EXPPECT Centre) and the Edinburgh Palliative and Supportive Care Group.

Prof Amanda Williams: Professor of clinical health psychology at University College London: 'Painful Women- Subject and Object'

Amanda C de C Williams is a clinical psychologist recently retired from the NHS, and section editor for psychology on the journal PAIN. Since completing her PhD in 1996, Amanda has moved from clinical work into academia, joining University College London in 2004. Her particular interests are: evaluation of psychologically-based treatments by systematic review and meta-analyses; trustworthiness of data; developing evolutionary perspectives on pain in humans and in other animals; behavioural expression of pain and its interpretation by clinicians; pain from torture and its better recognition and treatment; the use of responsive wearable technology to extend healthcare into patients' own environments; and psychological models of visceral pain. She has presented at many national and international pain meetings. and written over 300 papers and chapters: see <http://www.ucl.ac.uk/pals/people/profiles/academic-staff/amanda-c-de-c-williams>.

Mia Van Manen: Medical Anthropologist, Anaesthetist and Critical Care Doctor in Oxford, Post graduate training in Clinical Hypnosis 'Hypnosis for Childbirth'

Prof Paul Dieppe: Emeritus Professor of Health and Well-being at the University of Exeter in the UK. Former Dean of Medicine in Bristol: 'Nature, Healing and Pain'