

BRITISH PAIN SOCIETY SUMMER RETREAT
HOSTED BY THE PHILOSOPHY AND ETHICS SPECIAL INTEREST GROUP
RYDAL HALL, CUMBRIA 29th June to 2nd July 2025
“WOMEN AND PAIN”

SUNDAY 29th June:

16.00 Arrive. Tea

18.30 Dinner and Housekeeping

MONDAY 30th June:

8.15 Tai Chi in the gardens with Betsan Corkhill

8.45 Breakfast

09.20 Dr Tim Johnson Welcome and Introduction

09.30 **Dr Lorraine de Gray, Dean of the Faculty of Pain, Royal College of Anaesthetists: ‘Wandering Wombs and Hysteria - a History of the Pain Gender Gap’**

10.30 Discussion

11.00 Coffee

11.30. **Dr Ooi-Thye Chong, Acupuncturist and Lecturer in Integrative Medicine, University of Edinburgh: “Acupuncture for Pelvic Pain in Women”**

12.30 Discussion

13.00 Lunch

14.00-16.00 Walking in the gardens, hill climbing, swimming in Rydal Water or just do nothing

16.00 Tea

16.30 **Dr Mia Van Manen: Anaesthetist and Critical Care Doctor in Oxford : ‘Hypnosis for Childbirth’**

17.30 Discussion

18.30 Dinner

TUESDAY 1st July

08.15 Tai Chi in the gardens

08.45 Breakfast

09.20 Introduction: Dr Maureen Tilford

09.30 **Prof Amanda Williams, Professor of Clinical Health Psychology, pain management centre at University College Hospital London:** “ Painful Women: Subject and Object”

10.30 Discussion

11.00 Coffee

11.30 **Prof Paul Dieppe: Emeritus Professor of Health and Well-being at the University of Exeter in the UK. Former Dean of Medicine in Bristol:** “Healing, Nature and Pain”

12.30 Discussion

13.00 Lunch

14.00-16.00 Time to walk in the gardens, climb a hill, swim in Rydal Water or do nothing!

16.00 Tea

16.30 **TBA**

17.30 Discussion

18.30 Dinner

WEDNESDAY 2nd July

08.15 Tai Chi in the gardens

08.45 Breakfast

09.20 Introduction

09.30 **Prof Andrew Horne: Prof of Gynaecology and Reproductive Sciences, Edinburgh University:** “Breaking the cycle: Current and Emerging Strategies for Endometriosis Pain”.

10.30 Discussion

11.00 Coffee

11.30 Panel Discussion

13.00 Lunch

Hometime!